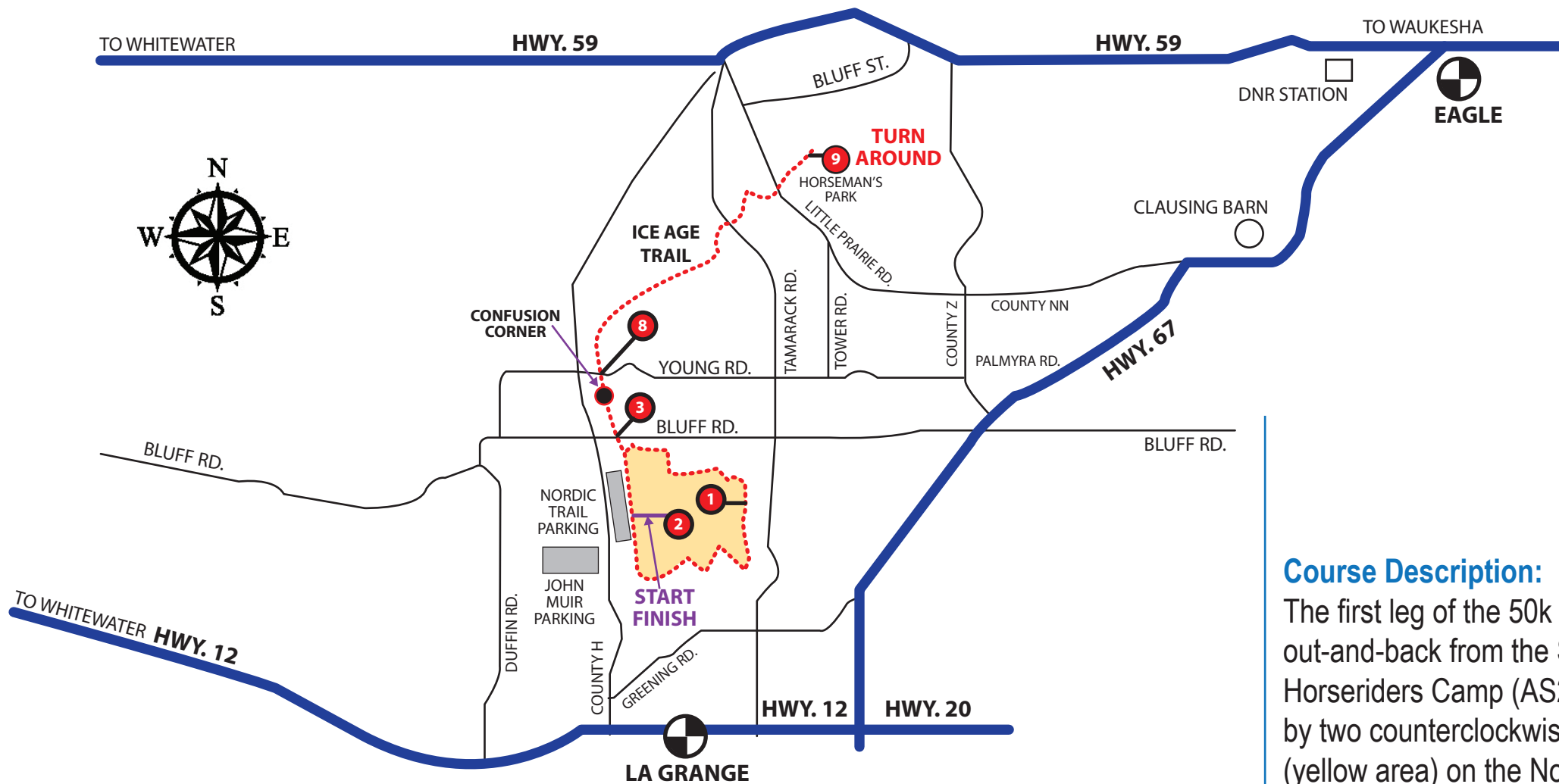


Ice Age Trail 50K Course Map



Course Description:

The first leg of the 50k race is an out-and-back from the Start area to Horseriders Camp (AS2-AS9), followed by two counterclockwise 9-mile loops (yellow area) on the Nordic Blue trail.

Aid Station & Cutoff Detail

Legend

Aid Station

For more course information, go to www.iceagetrail50.com



Aid Station	Description	Miles Out	To Next Aid Station	Est. 1st Runner	Last Runner Cutoff Time*	Instructions
AS3	Bluff Road	1.5	0.9	8:26 AM	8:45 AM	LIMITED PARKING & CREW ACCESS
AS8	Young Road	2.6	4.1	8:33 AM	9:05 AM	NO PARKING OR CREW ACCESS
AS9	Horseriders Camp	6.7	4.1	9:01 AM	10:20 AM	NO PARKING OR CREW ACCESS
AS8	Young Road	0.8	0.9	9:30 AM	11:35 AM	NO PARKING OR CREW ACCESS
AS3	Bluff Road	11.7	1.5	9:36 AM	11:55 AM	LIMITED PARKING & CREW ACCESS
AS2	Start/Finish	13.1	5.2	9:47 AM	12:20 PM	Available Parking in Lot; DROP BAG SITE
AS1	Tamarack	18.3	3.8	10:23 AM	2:10 PM	NO PARKING OR CREW ACCESS
AS2	Start/Finish	22.1	5.2	10:49 AM	3:10 PM	Available Parking in Lot; DROP BAG SITE
AS1	Tamarack	27.2	3.8	11:25 AM	4:30 PM	NO PARKING: Unmanned after 3:00 p.m.
AS2	Finish Line	31.0		11:52 AM	6:00 PM	Available Parking in Lot

*Hard cutoffs appear in red